

OCTOBER 2022

NEW!

Good Housekeeping

"GOOD HOUSEKEEPING WOMAN OF THE YEAR!"



BARB VIOLASSI

WHAT? She Wins Again!?

CLEAN! ORGANIZED! PREPARED!

HER SECRETS REVEALED!

- SHOPPING LISTS & SHOPPING TIPS

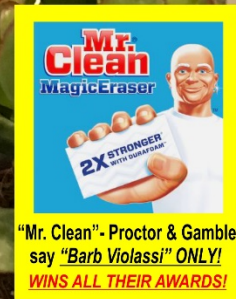
- How to be the "WHITE TORNADO" that continually sweeps through every room to keep them **IMMACULATE!**

- HOW SHE MANAGES HER HOUSEHOLD SO WELL!

- HER **TOP-SECRET** CLEANING TIPS & STRATEGIES

- HOW SHE STAYS AHEAD OF THAT LAUNDRY!

- How She always has that next meal "Ready to Go!"



How To Continually Have a Clean House - Even With Older Children

With Older Children:

1. Clean Every Room in The House the Way You Want It.
2. Everyone that lives in that house has to abide by One Rule:

House Rule:

**Whatever room you enter and then leave -
leave that room in the state you found it when you entered it.**

3. This rule will need to be taught, trained, and enforce by parents.
4. Parents have to obviously be vigorously obeying the rule.

With Younger Children:

5. With younger children (they are too young to be able to learn and clean up after themselves), make a commitment that any room you enter, you will quickly put it back together the way it should be. . . You won't just "let it go."

One of my wife's nick-names is "The White Tornado" for her commitment and ability to do this.

This name was taken from several old Ajax Cleaner TV commercials:

<https://www.youtube.com/watch?v=6K722Mer0ow>

<https://www.youtube.com/watch?v=waJKiViDDw>



**THE
“WHITE
TORNADO”
AWARD
WINNER!**



NOVEMBER 2022

NEW!

Good Housekeeping

"GOOD HOUSEKEEPING WOMAN OF THE YEAR!"



BARB VIOLASSI

WHAT? She Wins Again!!?



"IMMACULATE, ORGANIZED, & PREPARED"

- SHOPPING LISTS & SHOPPING TIPS
- on how to become an excellent shopper -

- How to be the "WHITE TORNADO" that continually sweeps through every room to keep them **IMMACULATE!**

- HOW SHE MANAGES HER HOUSEHOLD SO WELL!

- Barb's **CLEANING TIPS & STRATEGIES**

- HOW SHE STAYS AHEAD OF ALL THAT LAUNDRY!

- How She always has that next meal "Ready to Go!"

- PLUS! -
Her Decorating Secrets -
TO MAKE THAT HOUSE FEEL "COZY"

Home CHRISTMAS EDITION Maker

DECEMBER 2022

MAGAZINE



FEATURING:

- How She "Makes a House a Home"
- KEEPING IT COZY!
- Cleanliness & TIPS - MAKES ALL THE DIFFERENCE
- How to Do it Inexpensively
- Why She Changes things Seasonally
- HOW TO "KILL THE CLUTTER"



Barb Violassi
Wins "HOMEMAKER OF THE YEAR" Again!!

MOTHER'S

Day

Magazine

2023



**FIVE
SONS!**

Voted #1 Unanimously!

"Mom of the Century"

Barbara A. Violassi

August 2022

Southern Living

THE COOKING ISSUE

Her Greatest
Cooking Tricks
& Secrets
ALSO
REVEALED!

**BARB VIOLASSI
WINS AGAIN!**

“Top Chef Award - USA”

MOST CREATIVE & ARTISTIC

HER SECRET?

**Take a 5-Star Award Winning
Restaurant Recipe ★★★★★
And Take It To Another Level!**

Learn How to Put The
“BARB-KA-BOOM”
on any Top-Proven
Winning Recipe

Her Husband

***Refuses to Eat
at Restaurants
ANYMORE!***

Home**FITNESS**

T H E H O M E
MAGAZINE

MAGAZINE

2022

FEATURING:
Barb Violassi

**Training 6 Days a Week
with Caroline Girvan
PAYS OFF!**

**Calls Barb -
"Tenacious Like a Bull Dog"**

She just "Stays at it!"

**HOW DOES SHE STILL STAY
LOOKING SO YOUNG?!**

**PEOPLE SIMPLY
AMAZED!**

**How she stays pretty
SWEATY, NO MAKE-UP
& HER HAIR A MESS!**

**BARB SAYS,
"Take the Pain!"
"JUST DO IT!"**



PLUS:

**Barbs Favorite Workouts
THAT PRODUCE RESULTS**

**THE IMPORTANCE OF
Cool-Downs & Stretching**

**Is Intermittant Fasting
A BIG GIMMICK?**

**You Can Do It All - AT HOME!
She's "Tried it All"**

