

1. Heaven is supposed to be a better place.

(It is.) Everyone says and believes heaven is the place of ultimate happiness, joy, freedom, peace, exhilaration, etc., along with the total absence of pain, sorrow, and tears - *forever*. (The Bible teaches this.) Do we really believe this? We *need* to really believe this, and make it our confession. It is a lot easier accepting death in this lifetime if we understand and *believe this*.

This understanding can only be comforting to us, if we know that the loved one we lost is going to heaven. How do we know if we or our loved ones are "Saved" and therefore going to heaven? The Bible is clear on this (John 3:16). Believing in the Lord Jesus Christ as our Lord and Savior gains us eternal life, and our ticket or passport to heaven. Jesus also told us, "Rejoice that your names are written in heaven." (Luke 10:20). He is thus demonstrating that we can *know* where we are going when we die.

Therefore, as best we can, we need to be trying to ensure that not only our loved ones, but ourselves - and all men - have their ticket to heaven. I have met a number of people who were carrying the heavy weight of guilt from not having done this for a son or daughter or friend or loved one who had died. Or, perhaps we could/should have protected a loved-one better? Of course, there is always forgiveness available for the worst sins we could ever do. Even Judas did not have to commit suicide - he could have been forgiven and healed for his great sins of betraying his onetime friend Jesus Christ - and setting-up His ambush and murder.

2. We will see our loved one again.

We will see them again! It's not over! . . . We will see them again soon!

3. They are having a great time in heaven!

Heaven is so wonderful and complete; most would probably not choose to come back, even if they had a choice! We would probably do the same! This is just a fact we have to deal with.

"But won't they miss us?" God obviously has to protect them from this kind pain.

4. Our loved-one is God's . . . God "owns" them, not us.

Particularly with the loss of a spouse or a son or daughter, we can have feelings that we were "ripped-off" by God. We will need to come to terms with the issue of who that loved-one actually belongs to. The Bible is clear on this. He owns it all. We also have to deal with the humbling fact that God might take our loved-one without notice or without our permission. Let us make sure we are not mad at God. (Jesus said, "Blessed is he who is not offended by me." Matt 11:6) It we believe God is a good God, and doesn't make any mistakes – then let us believe He is a good God. If we believe He is a Perfect Being - than let us believe He is a Perfect Being.

I believe God takes some people - particularly children - to spare them all the grief, trauma, and pains of this life. I have also seen God "take" a person before they became sullied, or before they take bad paths.

5. The need for us to obtain "Closure."

Another way of saying "Closure" is to say "we have peace" or have "come to peace" with a major debilitating issue or problem . . . and have come to peace that God allowed a certain situation, and its okay. It is wise to find closure concerning the death and loss of a loved one - the quicker the better. If we don't, we are just prolonging our pain and misery - and perhaps that of others. Wisdom, Truth, and Reality are in one sense, just seeing things from God's perspective. **Obtaining His perspective on all our issues is freeing to us.**

I know of a Christian woman who seemed to not be getting closure on the painful loss of her young son whom she loved so dearly - for years. Without closure, she seemed to be continuing in depressions, sorrow and sadness for years - to the point where it was seriously destroying her marriage, her family, and her life. This is not God's will. We can pray and get Supernatural Closure from God Himself.

I met another woman who had been seriously mourning for her beloved mother. She just could not get over it. It seemed to be affecting everything. She began to really cryout to God. One night she had a dream, with her Mother appearing in it, telling her everything is all right (*in real time*), and she was doing great up there in heaven. She communicated that she wanted her daughter to *go on* in life. *The daughter also*

realized, in her heart, she would truly see her mother again soon. The daughter was instantly healed and had great joy and peace about her Mom's loss.

The loss of a loved one is painful and traumatic. Through God, we can shorten our times of mourning, pain, and loss through coming into a deeper belief in Heaven's Realities - or obtaining other ways of closure - even Supernatural Closure. Supernatural Closure is better than closure. Here is a simple recipe that can also help.

We might need to do it many times. But whenever we do it, He promises us that He will give us something - peace and rest. I have never seen this not work. Just coming to Him . . . making contact with Him - will bring us His peace and rest:



Also, Jesus has a command (that we tend to merely treat as a nice option). Again, every command is a promise in reverse. If He commands us to do anything, it is a given promise that He will provide the way and strength to fulfill it. ("Apart from Me, you can do nothing.") Here is the command:



So, following Jesus's command here, we can keep a proper time of mourning, and then find His way of going-on and having peace in our lives - and, finding peace about anything.

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